

# CORE SUBJECT

## PHYSICAL EDUCATION (P.E.)

TEACHING & LEARNING LEADER MR C I'ANSON

**LEADS TO:** Students develop physical literacy and continue to develop their PKM profiles. Developed interest in specific physical education areas and activities.

### **WHO SHOULD STUDY THIS COURSE?**

All students have access to P.E. 2 lessons p/w

### **WHAT WILL I STUDY?**

Students choose a pathway in which they wish to specialise from:

Fitness | Games | Leadership |  
Aesthetics

### **POTENTIAL CAREERS**

The course develops key & transferable skills that can lead to a wide variety of life opportunities. Plus an understanding of the need to live a healthy active lifestyle. Pupils will conclude their PE profile and achieve a core pathway certificate.

### **QUALIFICATION**

*Graded Certificate for use in Record of Achievement and CV*

### **BOARD**

*RWBA Internal*

### **GCSE GRADES**

#### **or equivalents**

*Percentage attainment against Physical, Knowledge and Mindset. Pupils continue to develop their RWBA profile.*

### **ASSESSMENT**

*Ongoing through pathway lessons and student reporting cycle*

# OPTION SUBJECT

## PHYSICAL EDUCATION (P.E.)

TEACHING & LEARNING LEADER MR J RICHARDS

At RWBA we believe we have a PE exam option for all. As part of the options process your course selection will indicate your preference. But the PE department will review these choices to ensure pupils are matched to the course that will give them the best opportunity to succeed and achieve. Both our GCSE & CNAT qualifications are equally levelled and do not limit options at KS5. Course decisions will be communicated and discussed with home and finalised by the end of the academic year.

### LEADS TO:

A-Level P.E. and BTEC Level 3 Sport, further sport specific studies

### WHO SHOULD STUDY THIS COURSE?

Students should be regular participants in extra curricular activities and sports teams both in and out of school. They should also love everything about P.E. & sport. An interest in the examination of the science of sport is a must!

### WHAT WILL I STUDY?

Applied Anatomy & Physiology |  
Movement analysis | Physical training |  
Health, Fitness & Well-being | Sport  
Psychology | Socio-cultural influences |  
Use of data | In practical lessons choice  
of a variety of activities

### POTENTIAL CAREERS

Sports therapy | Sport & Exercise  
science | Sports coaching | Coach  
engineering | Sports management

### QUALIFICATION

GCSE

### BOARD

Pearson/Edexcel

### GCSE GRADES

or equivalents

1 GCSE

### ASSESSMENT

Component 1:

Examination

36% 1 hour 45 mins

Component 2:

Examination

24% 1 hour 15 mins

Component 3:

Practical Performance

30% (3 sports)

Component 4:

Personal Exercise Com.

10%

# OPTION SUBJECT

## CAMBRIDGE NATIONALS-SPORT STUDIES.

TEACHING & LEARNING LEADER MR O GIBSON

At RWBA we believe we have a PE exam option for all. As part of the options process your course selection will indicate your preference. But the PE department will review these choices to ensure pupils are matched to the course that will give them the best opportunity to succeed and achieve. Both our GCSE & CNAT qualifications are equally levelled and do not limit options at KS5. Course decisions will be communicated and discussed with home and finalised by the end of the academic year.

### LEADS TO:

A-Level P.E. and BTEC Level 3 Sport, further sport specific studies

### WHO SHOULD STUDY THIS COURSE?

Students should be those who enjoy PE and sports. It is advantageous if you are a regular participants in extra curricular activities and sports both in and out of school. This course suits pupils who prefer the challenge of coursework alongside exams. The course has a socio-cultural focus on sport.

### WHAT WILL I STUDY?

Contemporary issues in sport |  
Developing sports skills through practical work | Sports leadership |  
Sport and the media.

### POTENTIAL CAREERS

Sports therapy | Sport & Exercise science | Sports coaching | Coach engineering | Sports management |  
Sports media.

### QUALIFICATION

*Cambridge Nationals  
Level 2– Sport Studies*

### BOARD - OCR

### GCSE GRADES

*or equivalents  
1 GCSE*

### ASSESSMENT

#### Component 1:

*Contemporary issues  
examination*

*40% 1 Hour 15 mins*

#### Component 2:

*Practical performance  
& leadership practical/  
coursework*

*40%*

#### Component 3:

*Media coursework  
20%*