

SKILLS DEVELOPED

TEAMWORK & LEADERSHIP

PUBLIC SPEAKING

PROBLEM SOLVING

CREATIVITY & INNOVATION

DECISION MAKING

RESILIENCE & STAYING POSITIVE

PLANNING & ORGANISATION

YEAR 13

- Managing Online Safety and Privacy
- Online Reputation
- Importance of Networking
- Media Literacy & Digital Resilience
- Critical Media Literacy Skills & Fake News
- Photoshop, Airbrushing and Social Media
- Extremism and Radicalisation



CITIZENSHIP  
BRITISH VALUES

MEDIA LITERACY & DIGITAL RESILIENCE

CORE THEME 1

YEAR 12

YEAR 12

BULLYING, ABUSE & DISCRIMINATION

CORE THEME 2

STATUTORY HEALTH & RSE

PSHE

CITIZENSHIP

EQUALITY

- Gaslighting + Emotional Abuse
- Coercion in Relationships
- Forced Marriage & Honour Based Violence
- Harassment & Stalking
- How to De-Escalate Social Situations
- De-escalate & exit aggressive social situations
- Organised Crime, Gangs and Knife Carrying
- Culture and Diversity in Britain

YEAR 12

- Getting Home Safely
- Planning a Holiday & Safety
- Importance of Basic First Aid
- Crime & Emergency Services
- Assertiveness and Alcohol
- Alcohol & Impact on Reputation
- Drink Spiking & intoxicated Drivers



STATUTORY HEALTH  
DRUGS EDUCATION

RISK, PERSONAL SAFETY & DRUGS

CORE THEME 4

YEAR 12

YEAR 12

RELATIONSHIP VALUES & CONSENT

CORE THEME 3

STATUTORY HEALTH & RSE

PSHE



- Types of Relationships
- Expressing my Own Relationship Values
- What is Discrimination & Prejudice?
- What is Prejudice (About Relationships)
- Consent, Sexual Norms and Expectations
- Consent Around the World
- Police Investigation of Sexual Assaults
- Violence Against Women

YEAR 12

- Cervical, Breast and Testicular Cancer
- What do Vaccines do?
- How to Recognise Different Illnesses
- Maintaining a Healthy Diet on a budget
- Balancing Life and Work
- Recognising when others Need Support
- Anxiety, Depression, Eating Disorders
- Maintaining Positive Mental health



STATUTORY HEALTH  
PSHE  
WELLBEING

HEALTHY LIFESTYLES & MENTAL HEALTH

CORE THEME 5

YEAR 12

YEAR 12

WORK, CAREERS & PATHWAY CHOICES

CORE THEME 6

GATSBY BENCHMARKS - CAREERS -

EMPLOYMENT

CAREERS



- Preparation for the Workforce
- Being Ambitious with my Careers Goals
- Alternatives to going University
- Knowing my own Strengths and Qualities
- How to Produce a Compelling CV
- How to Answer Job Interview Questions.
- Career Possibilities in a Global Economy

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

### SPIRAL THEMATIC APPROACH

- 1) Rights, Responsibilities & British Values
- 2) Celebrating Diversity & Equality
- 3) Relationships and Sex Education
- 4) Staying Safe Online and Offline
- 5) Health and Wellbeing
- 6) Life Beyond School

### PERSONAL DEVELOPMENT

#### ASSESSMENT & PROGRESS IN PSHE

- ✓ Confidence Checkers
- ✓ End of Unit Quizzes
- ✓ Assessments



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Future

**A LEVEL EXAM SEASON STARTS**

PREPARING FOR SUCCESS

REVISION

COURSEWORK

YEAR 13

YEAR 13

**FINANCIAL CHOICES**

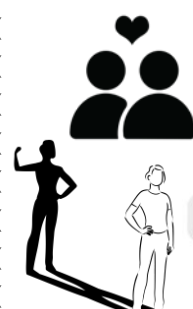
GATSBY BENCHMARKS - CAREERS -

FINANCIAL EDUCATION

RIGHTS

- Budgeting at University
- Salary Deductions From a Payslip
- Trading and Investment Over Time
- Consumer Rights in the UK
- Understanding Rental Contracts
- Being Financially Savvy
- Problematic Gambling

- Importance of building relationships
- Importance of Family and Friends
- First Dates and How to approach them
- Online Dating and Personal Safety
- Exploring Emotional Intimacy
- Managing Toxic Friendships
- Power Differences in Relationships
- Breaking up Relationships



STATUTORY HEALTH & RSE

PSHE

**FORMING RESPECTFUL RELATIONSHIPS**

YEAR 13

YEAR 13

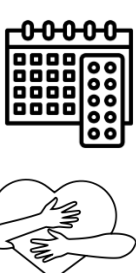
**PARENTHOOD & CONTRACEPTION**

STATUTORY HEALTH & RSE

PSHE

- Routes to Parenthood
- Unintended Pregnancies + Options
- Fertility - What Impacts it
- Pregnancy & Employment Law
- Menstrual Charting
- Consent and Boundaries
- Revisiting Contraception

- Skills to Manage Transitional Life Phases
- Body Image and Pressure to Fit in
- Appearance Vs Reality
- Body Modifications
- Revisiting STI's
- Importance of Sexual Health
- Sexual Health Misconceptions



STATUTORY HEALTH & RSE

PSHE

WELLBEING

**SEXUAL HEALTH & SELF CONCEPT**

YEAR 13

YEAR 13

**EMPLOYMENT & RESPONSIBILITIES**

GATSBY BENCHMARKS - CAREERS -

FINANCIAL EDUCATION

SMSC & CAREERS

- Sixth Formers and Employment Rules
- Meaningful Professional Relationships
- What is Professional Conduct
- Confidentiality in the Workplace
- The Gig Economy Explained
- Bullying and Harassment in the Workplace
- Striking + Trade unionism

WELCOME

RSE COMPLIANT

HEALTH COMPLIANT

GATSBY BENCHMARKS

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