

Format	Title	Location	Component of syllabus
Book	OCR A level PE - ISBN 978-1-5104-7331-7	Hodder, Amazon, 2nd Hand	All - course text book yr1 & 2
Video	The English Game	Netflix	Socio Cultural Issues
Video	Bad Sport	Netflix	Contemporary Issues
Video	Human: The World Within (episode 2, Pulse)	Netflix	Anatomy and Physiology
Book	The Body: A Guide for Occupants by Bill Bryson	A good bookstore near you	Physiology
Book	The Sports Gene by David Epstein	A good bookstore near you	Physiology and Psychology
Book	Sports Biomechanics: The Basics: Optimising Human Performance by Anthony J. Blazevich	A good bookstore near you	Biomechanics
Free Computer App	Algodoo (explore forces and how they affect inertia)	Algodoo	Biomechanics
Video	The surprising reason our muscles get tired - Christian Moro	YouTube	Anatomy and Physiology
Video	Anatomy for beginners - all episodes (Graphic content)	YouTube	Anatomy and Physiology/Ex.Phys
Video	Tom Browns School days 2005	Netflix/YouTube	Socio Cultural Issues
Video	All or nothing series - Uk based team examples	Amazon prime	Sports psychology/groups & teams
Video	King Richard - movie about Williams sisters	Various	Socio Cultural issues - rags to riches
Video	Greenstreet the movie & Football factory	Various	Contemp - violence/deindividuation
Book	Bounce by Matthew Syed (power of practice)	A good bookstore near you	Skill acq and psych
Video	FIFA Uncovered series	Netflix	Contemp - deviance
Video	BBC3 documentary - Can you beat the bookies?	BBC3/iPlayer	Contemp - gambling, match fixing
Podcast	BBC - The Documentary Podcast - The Great Tennis Fix	BBC	Contemp - gambling, match fixing
Video	Munich (2005) - film	Various	Social Cultural issues - 1972 Olympics
Book	Atomic Habits - James Clear	A bookstore near you	Skill acq & sports psychology
Video	Losers - Netflix series	Netflix	Skill acq & sport psychology