

## **Health & Social Care Reading List:**

**Below is some suggested reading to assist you with learning more about the subject areas.**

Magazines:

- Care Management Matters
- Community Care
- Nursing Times.

Books/ journals:

- Meeting Individual Care and Support Needs by Walsh.
- Human Growth and Development by Beckett and Taylor.

Fiction books that can relate to health and social care:

- This is going to Hurt by Adam Kay (also a TV series)
- Elizabeth is Missing by Emma Healy.

Tv shows:

- The Nine to Five with Stacey Dooley: caring and sharing
- Born to be Different