

Royal Wootton Bassett Academy Sixth Form Weekly Newsletter #99

RWBA
SIXTH
FORM

3 February 2023



See below for some amazing opportunities to research, explore and apply for!!



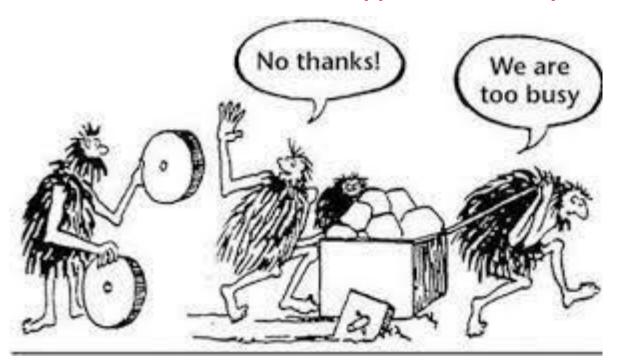
All RWBA Yr11 students from the class of 2022 were invited to attend the celebration event this week. If any student did not attend and did not collect their GCSE certificates, these can now be collected from the exams office (opposite reception). Students will need to have photo ID.



Year 13 had the first in a series of revision sessions this week designed to support and prepare students for the next set of Mock examinations. These start on **27**th **February** and indivdual timetables are being sent out next week.

Good luck

Please use the materials and support offered to you.



How to work smarter

Work smarter, not harder.

- · Make a weekly plan
- · Turn your phone off
- Don't multitask
- · Prioritize your work
- · Be perfectly organized
- · Measure results, not time
- · Have a routine and stick to it
- Take regular breaks
- Finish what you start
- · Automate as much as you can



RWBA SIXTH FORM FOR VALENTINES DAY AND MENTAL HEALTH WEEK

WEAR RED AND PINK!

#SHARETHELOVE

Bring £1 donation, all donations going towards Valedictory and our sixth form charity, Action Aid THURSDAY 9TH FEBRUARY, 2023



Staff & Sixth Form are requested to wear something pink or red, a hat, coat, shoes, socks, hairband, jumper, shorts, trousers anything you can wear for a donation. Funds raised will go towards the Sixth Form Charity and Valedictory.

Change lives. **For good**.

act:onaid







Here are some simple ways you can connect. reflect. protect.



Connect safely

- Keep your personal information private on apps and games
- Only share passwords with trusted adults
- Be kind and caring to others online like you are in person

Reflect before you act

- Think of others' feelings before you post, like or share content
- Ask someone if it's OK before you take or share a photo or video of them
- Be curious and ask questions about what you read or watch online





Protect yourself and others by taking action

- Be a supportive friend if you see someone who needs help online
- Ask a trusted adult for help if something doesn't feel right.

Find more tips at

esafety.gov.au







what are other
 words for
foul language?



swearing, profanity, obscenity, bad language, cursing, invective, ribaldry, abuse, curse, filthy language



I Thesaurus.plus



We are hearing more and more foul language around the Sixth Form block particularly at the end of school near the carpark. Please refrain from swearing at each other, about each other etc.

Year 12 Parents evening is coming up shortly after half term. **Wednesday 22nd February**. The event will be virtual and booking details will be emailed to parents next week.



In preparation for Children's Mental Health Week 2023. Sixth Form students have been collaborating with two external agencies -Mind and Swindon Samaritans. On Tuesday the Samaritans team were in school raising the awareness of their service to Yr 13 Students and offering support and signposting to those in need. Yesterday, ilearn sessions focussed on resources from Mind to focus on 'Talking and taking time to talk'.





STATEMENT TRUE REASON #TimeToTalk OR FALSE Young people and adults both experience mental health problems. Many issues start from a very young age and Young people don't experience False 9 in 10 of 16-24 year olds would tell friends and family mental health problems. they were "fine" even if they were struggling. False Anyone with a mental health problem can make a Someone with a mental health False full recovery and feel better. All they need is help Use these statements to get people thinking and talking about mental issue can never get better. and support. health problems. There is nothing I can do to You can help a friend with a mental health problem Make it active by writing 'True' on a False help somebody with a mental by checking up on them, spending time with them sheet of paper and 'False' on another and put them at different ends of the health problem. and listening to them, without judging them. room. Read each statement out loud and ask people to choose whether to stand on the 'True' sheet or 'False' sheet. Most people who are worried Approximately only 1 in 8 adults with a mental health about their mental health go and False problem are currently getting any kind of treatment. see a doctor. Once everyone has made their choice, Like physical health, mental health can get better you can read the answer and reason. Mental health is just like and it can get worse. Look after it by connecting with Alternatively, people can raise their hands to indicate their choice. True physical health. people, keeping active, taking notice of things around you, learning new things and giving to others. Make space in your day for a Many different people can help You can speak to a teacher, parent, carer or a health True conversation about mental you with your mental health. professional. health this Time to Talk Day. Poor mental health can make earning and managing Financial problems and your False money harder. And worrying about money can make mental health are unrelated. your mental health worse. This is not the right way to refer to someone with It is okay to describe somebody a mental health problem as it might make them feel with a mental health problem as False worse. It is better to say that they have a 'mental 'crazy', 'weird', 'odd', or 'mad'. health issue', or to use a specific term like 'depressed', if you know what the problem is.



Ms Falvey and the Student Parliament have designed a whole weeks worth of resources for all year groups focussing on Mental Health and the support available for students who are struggling in school.



Mr Matthews in assembly this morning launched the next phase in our Peer Educator programme. Year 12 students are asked to volunteer to be part of the next cohort of Peer Educators. Please complete the MS Forms link to express your interest in taking part.

https://forms.office.com/Pages/ResponsePage.aspx?id=spD4XJRqL0WMKZ9zZbaL oJ-3rXLIA2RCltaq6edlutpURTE1SkdZR05PTEZWWUNZM0xYWjlHUzJEMS4u

The date of the two training sessions will be confirmed in the next few days.

We need 22 Peer Educators this time to cover all Tutor groups in Year 7. This is a fabulous opportunity and 100% of pervious peer educators have felt the experience worthwhile.





Be a STAR of your emotions

We all experience different emotions from time to time. In just one day, you may feel proud, excited, sad, anxious, nervous, and many other emotions.

Remember, all feelings are valid

Shining a light on how you feel, particularly when you're feeling overwhelmed or anxious, can help you find coping strategies to support your emotional health

and wellbeing.



To get

started.

follow the

steps on

the STAR

model.

How do your body and mind feel?
Try putting putting your hands on your heart and belly, then quietly count to 10.

Take a step back from whatever you're doing.



Practise a breathing activity.
As you gently breathe in and out, trace one finger up and down the fingers of the other hand.
How do you feel now?

AND

Continue to breathe deeply.

Notice if any emotions come up;
begin to label them. It's okay to
not be okay! Try a sensory
activity like push-ups, star
jumps or using a calm
down jar.



When ready, share how you feel. Write it down, draw a picture, or talk with a trusted adult. This can help you find a way to resolve the situation. Then, do an activity to relax and let go!





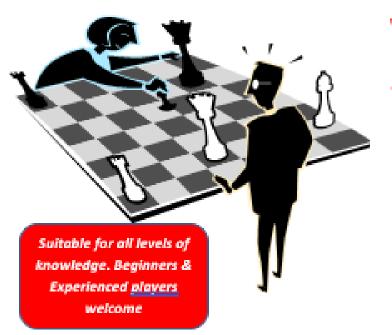
Yr 13 A level music recital takes place on Monday 6th February.

We are really looking forward to seeing how the students have developed from their first performace last year.

Good luck to you all.



Yr 12/13 CHESS COMPETITION



WEDNESDAY

8 FEBRUARY

3.00 – 4.30 PM IN MRS RICHMOND'S <u>ROOM -</u> M16

Games against the clock. You will play at least 2 games

Anyone who wants to learn or have a go is welcome ... you do not have to be a budding Grand Master!

Chess Club also runs on Thursdays after school if you are interested in finding out more – speak to Mrs Richmond

If you are interested

Sign Up with

Mrs Richmond





Discovery Workshops: Teachers can book via the online form here for 5 or more students.

PLEASE NOTE: With booking there is a commitment to attend as these 'funded' places take much time and effort to produce



National Apprenticeship Week

Date: 6-10th February See flyer for UK-wide *Discovery Workshops*



The UK's NET Zero Future

Date: 09/02/2023 Industry: Energy Booking deadline: 26/01/2023 Opportunity ID: 4588 More information here



Women in accountancy

Date: 8/03/2023 Industry: Finance Booking deadline: 17/02/2023

Opportunity ID: 4111 More information here

Cornwall and the isles of Scilly Health and Care Partnership

NHS: Apprenticeships

Date: 9/02/2023 Industry: Health & Social Care Booking deadline: 24/01/2023

Opportunity ID: 4388
More information here

wessex archaeology

Careers in archaeology

Date: 6/03/2023 Industry: Archaeology Booking deadline: 21/02/2023 Opportunity ID: 4089 More information here



Not just construction!

Date: 09/03/2023 Industry: Construction Booking deadline: 24/02/2023 Opportunity ID: 4629

More information here

Health and Care Fortnership

Community Date: 21/02/2023

NHS: Allied Health - the

More information here

Industry: Health & Social Care Booking deadline: 03/02/2023 Opportunity ID: 4390

SEVERN

The wonderful world of water

Date: 07/03/2023 Industry: Energy/utilities Booking deadline: 21/02/2023 Opportunity ID: 4586 More information here



Careers in childcare

Date: 10/03/2023 Industry: Childcare Booking deadline: 24/02/2023

Opportunity ID: 4680 More information here

Conwell and the Idea of Solly Health and Care Partnership

Date: 24/02/2023

NHS: In emergencies

Industry: Health & Social Care Booking deadline: 03/02/2023 Opportunity ID: 4391 More information here

Rëp

The theatre industry

Date: 07/03/2023 Industry: Media

Booking deadline: 03/03/2023 Opportunity ID: 4555

More information here



Careers in cycling

Date: 27/03/2023 Industry: Sport & Leisure Booking deadline: 20/03/2023 Opportunity ID: 4677 More information here

Higher and Degree Vacancy Listing for 2023/24 Recruitment

https://amazingapprenticeships.com/app/uploads/2022/11/Higher-Degree-Listing-FEB-2023.pdf



OPPORTUNITIES 2023



Speakers for Schools

Do you know what you would like to be when you leave school or college? If you're unsure, we have plenty of opportunities to help you decide.

Applying for one of our insight sessions is great for your CV and evidence of work experience that you can mention in any interview!

What can I do with Speakers for Schools?

Insight sessions: Get an in-depth introduction into a certain industry, job role or company. Hear from the professionals what their job involves, with plenty of opportunity to ask questions. Can be virtual or face-to-face.

Work experience: Discover more about what it's like to work in a certain industry, job role or company over a 3-5 day placement. Take part in activities to help develop key skills and gain experience. Can be virtual or face-to-face.

How can I get involved?

- Not sure which career might be for you? Give our personality quiz a try to see what might suit you

 GIVE IT A GO!
- Have a look at the virtual insight sessions and work experience opportunities listed (below). You'll find even more opportunities on our website GO TO OUR WEBSITE
- Click the opportunity link to apply. If you haven't already, you'll need to create an account REGISTER FOR AN ACCOUNT
- Fill in a short application form for your chosen opportunity and let your teacher know that you've applied
- Wait to hear whether you've been accepted onto the opportunity!





Student insight sessions

VIRTUAL INSIGHT SESSIONS

Let your career take off during
National Apprenticeship Week (NAW) 6-10th February

Designers - discover creative jobs in web & game design (NAW)

Date: 06/02/2023



THE ADECCO GROUP

Application deadline: 01/02/23

FIND OUT MORE

Find out about Apprenticeships in Accounting (NAW)

Date: 09/02/23



AZETS

Application deadline: 27/01/23

FIND OUT MORE

Launch your career with Vodafone (NAW)

Date: 10/02/2023



vodafone

Application deadline: 03/02/2023

FIND OUT MORE

Digital, Business and Project Management

Dates: 31/01/2023



BENTLEY

Application deadline: 24/01/2023

FIND OUT MORE

Behind the scenes of a live theatre show

Dates: 16/02/23

EXETER Northcott Theatre

Application deadline: 03/02/2023

FIND OUT MORE

NHS careers in pharmacy

Dates: 17/03/2023



Cornwall and the Isles of Scilly Health and Care Partnership

Application deadline: 24/02/2023

FIND OUT MORE





Student work experience

Work experience Students apply via the <u>portal</u>

Help change the world's energy systems through an apprenticeship!

Dates: 07-08/02/2023

SIEMENS

COCKY

Application deadline:
30/01/22

FIND OUT MORE





STUDENTS CAN REGISTER ONTO OUR USER PORTAL HERE

Follow us on:









VIRTUAL INSIGHT SESSIONS

Launch your career during National Apprenticeship Week (NAW) Date: 10/02/2023

O vodafone

Application deadline: 03/02/2023

FIND OUT MORE

NAW

Behind the scenes of a live theatre show

Dates: 16/02/23

EXETER NORTHCOTT THEATRE

Application deadline: 03/02/2023

FIND OUT MORE

Skills to pay the bills...The World of a National Housing Association

Dates: 07/03/2023



Application deadline: 22/02/2023

FIND OUT MORE

Aiming High - Women in Senior Leadership

Date: 08/03/2023

NHS

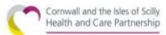


Application deadline: 24/02/2023

FIND OUT MORE

NHS careers in pharmacy

Dates: 17/03/2023



Application deadline: 24/02/2023

FIND OUT MORE

Build a Bot - for future robotic engineers

Dates: 10/03/2023



Application deadline: 24/02/2023

FIND OUT MORE



About us



Founded in 2010 by ITV's Political Editor, Robert Peston, our charity aims to help level the playing field by creating funded insights and access to opportunities in various sectors.

Support & guidance



Click <u>here</u> for our student guide to the portal.

Who to contact in the South West







Taster Sessions Guide

Take your pick & click to sign up...



Day 1: Monday 6th February



National Apprenticeship Week Sessions Guide Click to sign up...

Day 2: Tuesday 7th February



National Apprenticeship Week Sessions Guide Click to sign up...

Day 3: Wednesday 8th February



National Apprenticeship Week Sessions Guide Click to sign up...

Day 4: Thursday 9th February

Northumbria NHS

in payroll, expenses, pensions & more.

1-3pm



Fortus Business

See how far ambition,

can take you!

Advisors & Accountants

7-8pm

Student

sign up

Stockport Jobs Match

at SKY, Nexperia & Stockport Homes Group. session for

you and your

parents

National Apprenticeship Week Sessions Guide Click to sign up...

Day 5: Friday 10th February



If you miss National Apprenticeship Week, you won't miss out...

Extra Session: Monday 13th February



Discover more opportunities at (speakersforschools.org/work-experience)





Flagship Housing Group

Be part of a force for good helping to solve the UK's housing crisis.

HSBC's Work Experience programme for Year 9-13 is now live. Please see below for all the information and the link to apply. Please share with your students and don't forget we offer 1-2-1 mentoring to those applying. Students can contact our Student Support team to book in a 15 minute session to help with the application process or any questions regarding there next steps.



Looking for work experience this summer? 💝

Good news! HSBC's Work Experience programme is now LIVE! This opportunity is available for all students in Year 9-13 and nationwide. The Work Experience programme will allow you to learn more about the finance and banking industry, whilst gaining real life hands on experience.

HSBC UK Work Experience Programme 2023 dates:

• Week A: 10th-15th July 2023

Week B: 7th-11th August 2023

The programme is hybrid (2 days placement in-person and 3 days of virtual employability and skills workshops).

Application process:

Submit an online application form

Complete a values-based online assessment

Participate in a strengths-based interview with one of our HSBC Recruitment team.

https://pathwayctm.com/opportunity/hsbc-work-experience-programme-hsbc/



Upcoming Event: Discover University, Year 12 Virtual Conference - Your Journey to Higher Education. Saturday 18th February 2023

Are your students considering applying to university? This conference is a great place to start!

By signing up, students will find out more about the application process, get useful tips and guidance from current students on topics such as choosing a course and university life along with having the opportunity to ask their questions to Higher Education professionals and current university students.

Please see below the timetable for this session:

13:00: Welcome to the conference and choosing the right course & university

13:50: How to make a competitive application

14:40: Student Life at University

15:30: Q&A session

Encourage your students to join us for this free virtual conference taking place from

1pm – 4pm on the 18th of February.

Sign up here:

https://app.geckoform.com/public/?goal=0_65c6d67e71-059b72db2a-

<u>211973597&mc_cid=059b72db2a&mc_eid=bd69c7df25#/modern/21</u> <u>FO00k0rfkkfn007z5gj7gc6n</u>







Know any exceptional STEM students looking to accelerate their career with an apprenticeship? We are welcoming applications from curious, creative and bright minds to join us in September 2023 for the start of an exciting journey of creating the next generation of luxury, sustainable cars.

Applications are open for:

- Level 3 Advanced Apprenticeship (Manufacturing or Automotive)
- · Level 6 Digital and Technology Solutions Degree Apprenticeship
- Level 6 Applied Professional Engineering Degree Apprenticeship Programme
- Level 6 Supply Chain and Logistics Degree Apprenticeship

Find out more about each of our apprenticeship programmes below.

Level 3 Advanced Apprenticeship (Manufacturing or Automotive)

Students can broaden their mind with brand new concepts at college and put them into action here at Jaguar Land Rover. One day, they'll be learning about the latest technologies in their field, and the next they'll be actually interacting with them - propelling their experiences beyond other people their age.

There are four opportunities to choose from within our Level 3 Advanced Apprenticeship:

- Automotive
- Manufacturing Battery Assembly Centre and Engine Manufacturing Centre
- Manufacturing Halewood
- Manufacturing West Midlands

Level 6 Digital and Technology Solutions Degree Apprenticeship

As well as working in key teams within our Product Engineering and Digital functions, your students will study for a **BSc in Digital and Technology Solutions (DTS)** with the highly-respected University of Warwick (Warwick Manufacturing Group).

There are four different pathways to choose within our Digital and Technology Solutions apprenticeship:

- Software Engineering
- Software Engineering with Data
- Data Analytics
- Cyber Security

Level 6 Applied Professional Engineering Degree Apprenticeship Programme

As well as working on ground-breaking projects, alongside expert minds, your students will study for a **BEng (Hons) Applied Professional Engineering Programme** at the prestigious University of Warwick (Warwick Manufacturing Group).

There are four different pathways to choose within this apprenticeship:

- · Product Design and Development
- Manufacturing
- Electrical or Electronic Technical Support
- Control Technical Support

Level 6 Supply Chain and Logistics Degree Apprenticeship

As well as working in key teams within Supply Chain and Logistics, your students will study for a **BSc in Supply Chain Management (Professional Practice)** with Aston University, Birmingham which has been awarded Gold in the Teaching Excellent Framework and delivers a leading Supply Chain degree course.

Level 6 Supply Chain and Logistics Degree Apprenticeship

Apprenticeships at Jaguar Land Rover. Be the future of movement.

JAGUAR LAND ROVER

EARLY CAREERS

'INSPIRE ME' (MEET OUR APPRENTICES) DROP IN

APPRENTICES I UNDERGRADUATE I GRADUATE



Are you a Year 11 or a Year 13 student? Are you currently considering an apprenticeship? Do you want to know what it is like to be an apprentice at Jaguar Land Rover?

Drop in to our 'Inspire Me' afternoons to find out more about our apprenticeship opportunities. Speak to our current apprentices across the wide variety of programmes on offer and get advice for your applications. This is the perfect opportunity to ask any questions you may have to make an informed decision about your future.

REGISTER THURSDAY 26TH JANUARY 2023, 16:30 - 19:00
Jaguar Land Rover Gaydon, Banbury Road, CV35 0BJ

THURSDAY 2ND FEBRUARY 2023, 16:30 - 19:00

Jaguar Land Rover Engine Manufacturing Centre, Innovation Drive, Wolverhampton, WV9 5GA

REGISTER TUESDAY 7TH FEBRUARY 2023, 16:00 - 17:00 Virtual event. Joining instructions to be sent in advance.

REGISTER THURSDAY 9TH FEBRUARY, 16:30 - 19:00

Jaguar Land Rover Manchester Office, Charlotte Street, Manchester, M1 4ET

REGISTER THURSDAY 16TH FEBRUARY, 16:30 - 19:00
Jaguar Land Rover Halewood (Liverpool), Speke Boulevard, Liverpool, L24 9BJ

REGISTER TUESDAY 28TH FEBRUARY - 16:30 - 19:00

Jaguar Land Rover Castle Bromwich, Chester Road, B35 7RA.

Find out more about our apprenticeship opportunities here - Early Careers (jaguarlandrovercareers.com)

INDUSTRY INSIGHTS

LIVE STREAMING EVENT & ON-DEMAND

6th - 10th February 2023 @ 2 - 3pm

AGENDA

Monday 6th February – Technology
Tuesday 7th February – Banking & Finance
Wednesday 8th February – Defence & Security
Thursday 9th February – Environmental & Sustainability
Friday 10th February – Public Services

https://yourgameplan.co.uk/industry-insights/



Ready to open doors to their future?

Virtual Open Evening



- ✓ 6.30pm-start
- Meet top employers

INTERESTED? CLICK HERE >>

To book your place!



NIS TESCO

We know it's hard to help your child weigh up future careers when the job market has changed so massively, and there are so many different pathways you might not be aware of.

Speakers for Schools are a youth charity offering FULLY FUNDED work experience with big-name employers like Tesco, the NHS and Bentley Motors – with 1000s of placements across the UK.

We're passionate about giving every young person from a state school or college the chance to face their future with confidence – wherever they live, at no cost.

During our session we'll intro virtual, in-person and hybrid options, and clearly signpost how your child can access eye-opening work experience.



NHS Allied Healthcare Work Experience begins this Sunday 5th February.

As registrations close at 9am tomorrow morning. All aspiring healthcare workers are encouraged to register for this as soon as possible if they haven't done so already.

Registration Link: https://alliedhealthmentor.org/product/live-virtual-work-experience-programme/

During the work experience day, students will follow 2 patients from their initial presentation to recovery. They will gain a unique insight into how patients interact with a variety of healthcare professionals and what it's like to work in an NHS multidisciplinary team. This includes:

- Nursing
- Midwifery
- Paramedicine
- Physiotherapy
- Occupational Therapy
 - Dietetics
 - Radiography
- Prosthetics and Orthotics
- Speech and Language Therapy
 - Pharmacy

Attendees will have the opportunity to interact with healthcare professionals throughout each day. This will empower students to make informed career decisions and demonstrate their commitment to healthcare in their UCAS applications.

Once they've registered, students will be emailed links to their virtual work experience portals.

Students are awarded a Work Experience Certificate for every session they complete. Those who complete the full 5-month programme will be awarded a Highly Commended Reference from the Presidents of Allied Healthcare Mentor.

These are fantastic additions to their CVs!

Students can register individually at any time throughout the 5-month programme using the link below. We recommend booking early to gain as much out of this programme as possible. Places are £10 a session to cover administrative and technological costs.

https://alliedhealthmentor.org/nhs-healthcare-careers-virtual-work-experience/



Last chance!!! Please log on and order

YR 13 LEAVERS HOODIES



Choice of Colours

Sizes from x-small to 4X large

Order by 10 February for Delivery in March to the School

Great opportunity for Parents or Grandparents to buy you one as a Christmas Present

On-line Shop to purchase now open, so you can order direct using this link:

Sizes:

- X-Small (to fit 36-38" chest)
- Small (to fit 36-40" chest).
- Medium (to ft 40-42" chest)
- Large (to fit 42-44" chest)
- X-Large do ft 44-46" chest)
- 2X-Large (to fit 45-48" chest)
- 3X-Large (to fit 50-52" chest)
- 4X-Large (to fit 52-54" chest)

(NB: all sizes are "to fit sizes" and NOT physical dimensions).

https://www.schoolleaverscompany.co.uk/leavers-hoodies-login

USERNAME SL61334

PASSWORD 61334RWBA

COST - £25.15

(includes embroidered front with school emblem and rear with class of 2023 names). Nicknames can be inserted at extra £4.95 on the rear.



Kelly Green Hoodies

THE ORIGINAL SCHOOL LEAVERS CLASSIC HOODIES IN A RANGE OF COLOURS

The best quality Leavers Hoodie around

We set more Leaven Hooder than anyone was because people solonous the assessment matter of our brooker.

Features include:

- Lovey soft high quality (300gs/n) fabric the best around?
- Drushed Effect for Superior Comfort & Look
- 50% Polyeeser 50% Coton
- Reactive Dyed
- Lycia Rissed Cuffs & Well
- Twin Needle Silkzing
- . Toped Neck
- Front Pouch Points
- Doydle Fabric Hood
- Self Coloured Lace Cost
- Ethically sourced from SMETR audited Sedes member two is Sestion?

