

Reconnecting with core PE lessons



- Remember your timetable, as you will need to attend school in your PE kit.

- Keep an eye on the weather forecast & be prepared as lessons will usually be outside.

RWBA Kit requirements;

- School crested polo shirt
- School crested shorts
- Black school rugby shirt
- School crested hoodie
- Black football socks with white tops or White sports sock
- Sports type trainers

Optional Items

- Plain black or white base layer tops and t shirts
- School crested tracksuit jacket
- Plain black tracksuit bottoms
- School crested leggings (NEW)
- RWBA 'Oddballs' hat (NEW)
- Plain non-logoed black or neutral woolly hat and gloves

Other items we have added to help;

-A non-crested plain & appropriate water proof jacket (for use when weather requires)

Just in case you need to change out of PE kit;

- Summer uniform polo shirt
- A towel, spare socks
- Change of shoes



During and after lessons;

- Remember lessons will be outside where possible, so be prepared.
- On arrival to PE you will store your bags by your lesson location or if needed in a lockable indoor space.
- At the start of your lesson you will be required to wash your hands or use hand gel.
- Activities and lesson content are restricted but learning will be based on being active, engaged and fun.
- You will be reminded to socially distance throughout your lesson and given specific instructions from your teacher on what interactions are allowed.
- At the end of the lesson you might be asked to help your teacher with equipment as we need to ensure it is cleaned appropriately before another group use it.
- Before you depart for your next lesson you will be required to wash your hands or use hand gel.

Kit issues and injuries;

I have an injury and have a note from home. I have come to school in my full PE kit.

I have an injury and have a note from home but I forgot to come to school in my kit.

I have an injury and have forgotten a note and my kit.

Oh no I forgotten to come to school in my kit!

At the start of the lesson inform your teacher at the earliest appropriate time. PE staff will plan on your personal situation.

Get involved in your lesson as instructed. You know your limitations. You may be asked to use a non-participant lanyard, coach, ref or analyse.

In the majority of cases you will be asked to exchange your conduct card for a set of kit and change in an allocated location.

After your lesson has finished please return all your kit and/or non-part lanyard to your PE teacher in exchange for your conduct card. This kit will then be washed.

Refusal to borrow kit or participate = Normal whole school sanctions will apply.



COMMITTED
SUPPORTIVE
ROLE MODELS
RESILIENT
PROUD



The RWBA way
In Physical Education and Sport