

Dear Pupils,

We are aware that the situation with Coronavirus is impacting on the number of people self-isolating and there is also the potential that schools may be forced to close for a period of time at some point in the future.

We know that lots of you rely on support from school staff and want to make you aware that we are still here to support where we can, and list below some important email addresses and helplines:-

School Safeguarding Officers

Please see below for all the contact details of the safeguarding team for your year group. Please email and we will reply as soon as we can, although we may not see the email straight away and may be limited in how we can support.

Designated Safeguarding Lead:

Mrs A Ellis

Deputy Headteacher

aellis@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mrs K Salmon

Assistant Headteacher

ksalmon@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mrs A Bell

Assistant Headteacher

abell@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mrs K Heaphy

Head of Year 7

kheaphy@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mr D Storey

Head of Year 10

dstorey@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mrs N Sutton

Head of Year 11

nsutton@rwba.org.uk



Deputy Designated Safeguarding Lead:

Mrs M Moore

Head of Year 8

mmoore@rwba.org.uk



Deputy Designated Safeguarding Lead:

Miss C Penman

Head of Year 9

cpenman@rwba.org.uk



Mental Health First Aiders



Claire Fisher
Year 7 Student Manger
cfisher@rwba.org.uk



Ann Sanders
Year 10 Student Manger
asanders@rwba.org.uk



Louise Lucas
Year 11 Student Manager
llucas@rwba.org.uk



Livi Turner
Sixth Form Student Support Manager
lturner@rwba.org.uk

Helplines/Websites

CHILDLINE

www.childline.org.uk

Childline is yours – a free, private and confidential service where you can be you. Whatever your worry, whenever you need help, however you want to get in touch. We're here for you online, on the phone, anytime.



REPORT ABUSE – CEOP

<https://www.ceop.police.uk/safety-centre/>

CEOP help children stay safe online. Has someone acted inappropriately towards you online, or to a child or young person you know? It may be sexual chat, being asked to do something that makes you feel uncomfortable or someone being insistent on meeting up. You can report it here.



THE DOCK

<https://thedockswindon.co.uk/>

The Dock is a new and different way for young people to find out about services that are here to help them in Swindon.



FEARLESS

<https://www.fearless.org/>

Fearless is a service where you can give information to the police totally anonymously.

You can also access non-judgemental information and advice about crime and criminality.



KOOTH

<https://www.kooth.com/>

Kooth is an online counselling and emotional well-being platform that offers free, safe and anonymous online support for young people.

They are online:

Monday – Friday 12pm – 10pm.



STEM4

www.stem4.org.uk

Supporting teenage
mental health

The logo for STEM4, featuring the word 'stem' in a lowercase, rounded font, followed by a large number '4' inside a square frame. Below the logo is the text 'supporting teenage mental health'.

SAMARITANS

<https://www.samaritans.org/>

Talk to Samaritans any time you like, in your own way, and off the record – about whatever's getting to you.



POOKY KNIGHTSMITH

www.pookyknightsmith.com

Videos and blogs on Mental Health including anxiety and self harm.

ACTION FOR CHILDREN

<https://www.actionforchildren.org.uk/>

This website has over 25+ contact details, including links to other resources on Mental Health, self-help, games as tools that the family can use while in isolation etc



SHOUT

<https://www.giveusashout.org/>

Shout is a free 24/7 crisis text line available for anyone, anytime, anywhere.

The service is anonymous. Shout can help with urgent issues such as:

- Suicidal thoughts
- Abuse or assault
- Self-harm
- Bullying
- Relationship challenges

